

Grocery List

Produce



- 1 1/2 lb baby (B-size) red potatoes
- 1 medium red onion
- 1 medium yellow onion
- 2 packages (10 oz each) fresh cauliflower florets (about 5 cups)
- Fresh Italian (flat-leaf) parsley
- Fresh rosemary
- Fresh thyme
- 1 Lemon

Meat & Deli



- 1 whole chicken (3 1/2 lb)
- 1 lb lean (at least 80%) ground beef
- 4 boneless center-cut pork loin chops, 3/4 inch thick (about 1 lb)
- 1 lb bacon

Dairy



- 1 container (10 ounces) refrigerated Alfredo sauce
- 1/4 cup shredded Parmesan cheese (1 ounce)
- 3/4 cup heavy whipping cream
- Butter

Dry & Canned Goods



- 1 box radiatore pasta (or substitute rotini)
- 4 cups medium egg noodles (from 16-oz bag)
- 8 oz uncooked linguine
- 1 box Progresso™ plain panko crispy bread crumbs
- 1 carton (32 oz) Progresso™ chicken broth
- 1 package (1.8 oz) leek soup mix
- 1 can (5 oz) albacore tuna, drained
- 1 jar roasted red bell peppers (7-ounce jar)
- 1 jar basil pesto
- Montreal chicken seasoning
- Ground allspice

Frozen Veggies



- Frozen broccoli florets

Pantry Items & Condiments



- Salt
- Ground black pepper
- Crushed red pepper
- Worcestershire sauce
- Olive or vegetable oil

Recipes

Crispy Whole Chicken & Vegetables
Creamy Pesto Chicken Casserole
One-Pot Swedish Meatballs with Egg

Bacon-Wrapped Pork Chops and
Cauliflower
Tuna Noodle Casserole