



Betty Crocker's food experts have created fun food ideas inspired by your favorite TV shows. And now they're teaming up with reality TV star and "bachelorette" Trista Sutter to share more great ideas that are perfect for TV viewing parties with friends and family this fall!

Gilt-y Pleasures Shows

The drama – and wine – flows freely on these shows, offering an indulgent escape from the reality of everyday life. Whether focusing on the lives of celebrities, housewives or bachelorettes, these shows offer an intriguing glimpse into the lives and loves of the stiletto-clad crowd.

Boxed Wine Cupcakes

Here's an idea that's perfect for indulging in those Gilt-y Pleasures shows – Boxed Wine Cupcakes! These fashion-forward cupcakes are infused with popular wines like sauvignon blanc, zinfandel, rosé and champagne, and are perfect for girlfriend get-togethers. Get the recipe at bettycrocker.com/fanfare



Trista says:

"These yummy cupcakes are such a fun way to add a little bling to girls' night!"

This way for even more fun party ideas! -->

Wine Tasting 101

Complement your Boxed Wine Cupcakes with a wine tasting. You can even think outside the bottle and include some boxed wines in the mix – they're affordable, tasty and environmentally friendly!

1) Decide what you are going to taste. For example, your tasting could be organized by varietal (type), label or region where the wine was produced.

2) Follow some basic wine tasting tips to get the most out of your tasting experience:

Pour: Fill your wine glass 1/3 full (about ¼ cup). Have extra glasses on hand if your tasting will include both red and white wines.

Look: Appearance and color tell a lot about wine - in particular, the color of red wine indicates how full-bodied it is. Tilt your wine glass against a white or light-colored surface to really see its true color.

Smell: Swirl your glass gently to release the wine's aroma. Breathe in its scent and try to detect whether it is floral, fruity, spicy, and so on.

Taste: Take a little bit of wine in your mouth and taste it. Move it around in your mouth and pay attention to what occurs – do you taste sweet, acidic or bitter notes?

3) Have some fun and make it a "blind tasting" experience! Pour your wines into carafes or glasses and mark each with a number prior to serving. Award a prize to the guest who identifies the most wines correctly!



For these recipes and more fun TV viewing party ideas, visit bettycrocker.com/fanfare